



MAC 42 (EN) - PHASE 1 - Become a Coach

Day 1 : Demonstrates Ethical Practice	Monday 25 September 2023
Day 2: Embodies a Coaching Mindset	Tuesday 26 September 2023
Day 3: Establishes and Maintains Agreements	Monday 16 October 2023
Day 4: Cultivates Trust and Safety	Tuesday 17 October 2023
Day 5 : Maintains Presence	Monday 13 November 2023
Day 6 : Listens Actively	Tuesday 14 November 2023
Day 7: Evokes Awareness	Monday 18 December 2023
Day 8 : Facilitates Client Growth	Tuesday 19 December 2023
Day 9 : Observations of coaching skills	Monday 22 January 2024
Day 10 : Observations of coaching skills	Tuesday 23 January 2024

Duration of the training: ~3 months (2 consecutive days from 9.30 AM -5.30 PM)

Nova Terra reserves the right to change the dates upon necessity.